

ABYSS GLASS
FOR GYMS

"VIRTUAL TRAINER WILL LEAD THEM THROUGH THEIR TRAINING."

HEALTHY LIFESTYLE IS NO LONGER JUST A TEMPORARY FANTASY OR FASHION, IT HAS BECOME A SIGNIFICANT PART OF OUR LIVES.

We are becoming more self-aware, therefore, we want to nurse for our bodies and physical condition. Regular visits at the gym are becoming more and more popular and constitute an obligatory item on our everyday 'to do' list.

We'd been inspired by these facts to such an extent that we created an interactive 'smart mirror' that functions as an innovative personal trainer and it is able to motivate us during our training.

PERSONAL TRAINER MIRROR (PTM)

Recent research carried out among clients of a gym has shown that about ½ of them is inexperienced and having no idea how their training should look like. Most of them cannot afford a personal trainer so they sometimes become demotivated and finally give up. Personal Trainer Mirror will help them. Virtual trainer will lead them through their training. It will make it easier to overcome difficulties by being there and motivating all the time. Thanks to Personal Trainer Mirror the first visit at the gym will be the first step to their dreamy build.

HOW DOES IT WORK?

Except for the reflection of a person standing in front of the mirror, there is also an effigy of a virtual personal trainer next to it showing how to do an exercise properly. The trainer can be seen from two different perspectives so that we can improve

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every move during the training. Additionally, parameters like the workout type, the number of calories burned or the time left, are displayed on the mirror.

Wide choice of training routines and warm ups with three difficulty levels makes the mirror helpful for the beginners as well as advanced gym clients. The workout pace and the music played at the gym are synchronized so that the training is even more effective.

OVERTAKE OTHERS!

Our mirrors will escalate the popularity and the prestige of your gym. Our mirrors will bring new clients in and keep the present ones on. The possibility to manage the displayed content will allow you to provide dedicated adverts with products and services selected by you.



